





Gloucestershire HA U10 and U12 Girls and Boys Clubs In2Hockey Competition 2022 - 23

U12s Sunday 12th February 2023 – Dean Close School U10s Sunday 12th March 2023 – Dean Close School

Competition Rules

Welcome to the U10 and U12 Girls and Boys Clubs In2Hockey Competitions.

- Match length varies between competitions and even between pools in some cases please keep to the scheduled times shown, changeover times are short so please get off and on the pitches quickly.
- The toss of a coin shall decide which team shall have the first push back or choice of end, please do this before going onto the pitch if possible.

• Match Ball: 1st named team to provide the match ball

Clash of shirts: 2nd named team to change

• Late Arrivals: Forfeit points for that game and a 5 – 0 goal difference

First Aid: Teams must provide their own first aid equipment inc. ice packs

• Scoring: Win = 3 points Draw = 1 pointLoss = 0 points

• If, at the end of round robin matches teams are equal on points, the winner will be decided by:

- 1. Goal difference
- 2. Goals scored
- 3. Highest number of games won
- 4. Winner of match between tied teams
- 5. Barrage of three penalty strokes
- 6. Sudden death penalty strokes

Match Day Information - 2023

1. Arrival

- Please <u>hand in your completed team sheet</u> on arrival at the venue if you have not already submitted it, results cards will be given to each team to hand to umpires before each game.
 Cards should be returned to the tournament organisers immediately after each game.
- There will be a team manager / coach and umpire briefing 15 minutes before the first match.
- Please ensure all teams, managers, spectators and parents have read the provided Pitchside Code of Conduct - there will be a copy available on the day.
- Please ensure <u>NO muddy shoes on pitches</u> at any time and please can you ask your players to respect any notices displayed by Dean Close.
- Photographic signing in forms please ask any persons with your team who will be taking photographs/filming to sign the form on the competition table.
- Toilets & Changing Rooms:
 - For Players please use the facilities situated adjacent to the pitches
 - For Spectators please use the downstairs toilets in main school building

2. Timings

Match timings are as per Order of Play - please keep to the scheduled times as the schedule is tight. Late arrivals shall forfeit points for missed games.

3. Rules of Play

Matches shall be played in accordance with the following rules and regulations:

EH In2Hockey 7-a-side rules (see comments under Umpires below).

The Junior In2Hockey Championship Regulations 22/23

https://www.englandhockey.co.uk/competitions-and-events/championships/england-hockey-club-championships/junior-club-championships

4. Squad Size

Each team shall consist of 10 players – 7 players on the pitch at one time.

5. Umpires

It is the responsibility of each team to provide an umpire who must be a member of the England Hockey Officiating Club and be Level 1 assessed or unassessed, they will not umpire their own team's games. Please ensure they have read and are familiar with the In2Hockey Championship Regulations (see above) and the In2Hockey rules which are provided. They can also be found on the EH website in the In2Hockey developing young umpires in the Hockey Hub. Make sure you find the 2021 version.

6. Safety & Welfare

<u>Each team is responsible for its own First Aid including ice packs</u>. Any player with a blood injury must leave the pitch for treatment. Players are advised that they should wear shin pads and a mouth guard whilst playing. Face masks for defending short corners are recommended. ALL spectators are to remain within the defined spectator areas.

Gloucestershire Hockey Association cannot be held responsible for any injuries.

If any Managers, Players or Spectators wish to report a child welfare issue please speak to the GHA Organizer at the earliest opportunity.

7. Food, Drink and Smoking

Food and drink are not allowed on the playing surfaces (except that players may take on water). Please make sure your teams use the bins provided to tidy away any rubbish and that the changing rooms are left tidy.

NO smoking of any kind is allowed within the facility (including electronic cigarettes).

8. Tournament Management

On the pitch all matters will be decided by the umpires. All other matters shall be at the discretion of the GHA Tournament Organiser whose decision is final.

GHA RESERVES THE RIGHT TO MAKE ALTERATIONS TO THE PROGRAMME NECESSITATED BY UNFORESEEN CIRCUMSTANCES.

The GHA tournament organiser is Ian Harvey clubs_comps@glos-ha.org.uk telephone 07925 846775

Good luck to all involved from Gloucestershire Hockey Association.